

# KINDERGYM NEWS... TERM ONE 2017



Welcome back to Tea Tree Gully Kindergym and welcome to all of our new friends!!

This term at Kindergym our theme is **“AIR, LAND AND SEA!!”**

We will be having fun in group time with songs about cars, space, aeroplanes, busses, trains and swimming!



Our last week of term will be EASTER!!!!

We will celebrate Easter with an Easter Egg hunt for all of the children. It is always a fun week. Our Easter sessions will start on Friday 7<sup>th</sup> of April and continue until our last day of term on Thursday 13<sup>th</sup> of April.



## PUBLIC HOLIDAYS

If you usually attend on a day that falls on a public holiday this will be discounted from your fees. You will not need to make up a session for any sessions missed due to public holidays.

## TERM ONE FEES 2017

One child Kindergym: \$98.75 Two children Kindergym \$190.00

One Child Pregym \$115.25 Two children Pregym \$223.00

One Child Kindergym one Child Pregym \$206.50

Fees include \$7.50 building levy per family per term and \$13.75 registration (insurance) per child per term.

## PREGYM CLASSES



Our Pregym sessions are a structured class which offer an introduction to basic gymnastics skills. These skills help develop confidence, strength and coordination and give children a great “Head Start” for many other activities that they may go into as they get older including dance, calisthenics, soccer, football and of course gymnastics!

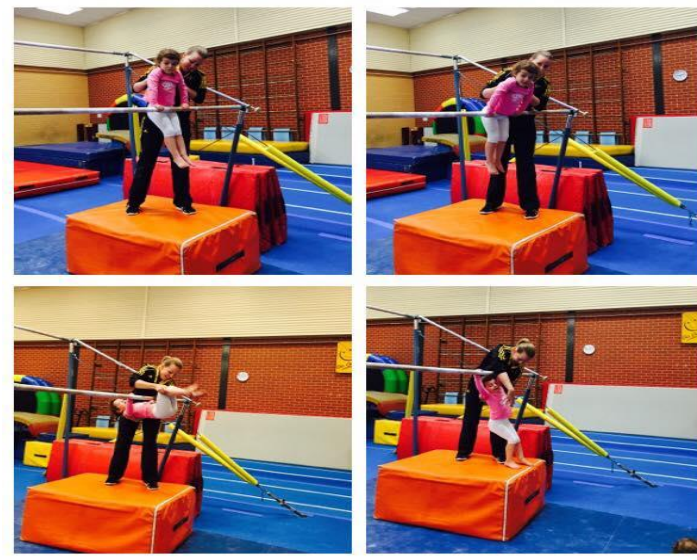
A parent/ caregiver is required to stay with the child during the pregym session as they are needed to offer hands on assistance with the skills taught.

Our pregym classes are for four – five year olds and are held on Wednesday afternoons at 1:15 and 2:15 and Friday afternoons at 1:00 and 2:00.

If your child is younger than four but you feel that they are ready for a little more out of their kindergym experience our Wednesday 2:15 class also caters for 3 and a half year olds with “Junior Pregym”.

We currently have vacancies in our Wednesday sessions.

If you would like to book in and come and try or be added to a waiting list for our Friday sessions just let our Member service team know.





## Facebook

If you haven't already "Liked" our Facebook page please do so.

It is a great way to communicate with our members and makes it easy to keep up to date with things that are going on with Tea Tree Gully Kindergym.



## KINDERGYM RULES.

As it is the start of a new year it is a good time to remind everyone of our Kindergym rules- we don't have many but they are very important to ensure everybody has a safe and happy kindergym experience:

- ☺ **Bare feet** – while adults can wear flat soled shoes (unless on trampolines) while in the gym all participating children must have bare feet.
- ☺ **No food or drink** (other than water) on blue floor at all times.
- ☺ **Stay with and supervise your child at all times** we suggest to be in arms reach of your child – we do understand that this can be difficult especially if bringing more than one child but please do watch your children from a close distance.
- ☺ **Walking inside the gym** Please ensure your child walks at all times while in the gym. Accidents happen when children are running.
- ☺ **One at a time on trampolines** Adults are welcome to jump on tramps with their child however when children are on tramps there is to be only one at a time.
- ☺ **Name tags** Please, please, please, wear your name tags **EVERY WEEK!!** If you have lost yours please make another. Adults name on the top, child's name underneath and session time on the back. (For example Tue 1:30)
- ☺ **Join in with your child** especially at group time. Children will participate more if they see adults doing the same.



### Trampoline safety:

We know that our little friends love the trampolines at Tea Tree Gully Kindergym however we need to be mindful that they can be very dangerous. Our trampolines are not like the standard backyard trampolines, they are not toys, they are a piece of sporting equipment and should be treated as such.

Please, please, adhere to our trampoline rules as we hate to see our friends getting hurt.

- ONE PERSON AT A TIME.

- BE AWARE OF THE GAPS BETWEEN THE TRAMPS (AND ENSURE YOUR CHILDREN ARE ALSO)

- ALWAYS JUMP IN THE MIDDLE OF THE MAT ON THE RED CROSS.

- IF AN ADULT IS ON THE TRAMPOLINE WITH A CHILD SMALL JUMPS ONLY.

(NEVER "DOUBLE BOUNCE" A CHILD OR WHILE HOLDING A CHILD.)

- SUPERVISE YOUR CHILD AT ALL TIMES.

- CHILDREN ARE NOT TO BE ON A TRAMPOLINE UNLESS A SUPERVISING ADULT IS ON THE MATTING OR STANDING ALONGSIDE.

- NO SHOES.

PLEASE MAKE SURE YOUR CHILD UNDERSTANDS THESE RULES AND IF THEY ARE TOO YOUNG TO UNDERSTAND THEN THEY MUST NOT BE ON THE TRAMPOLINES WITHOUT AN ADULT.

We would hate to have to stop using the trampolines but this is a possibility unless these rules are followed.

We appreciate your support and understanding with this.

We thank you for in advance for explaining these rules to your children and having them follow them.

**THANKYOU EVERYBODY!**

**WE HOPE YOU ENJOY THE TERM!!!**

